



PATIENT NAME/ACCT#: _____

JHC PHYSICIAN: _____

DATE/TIME: _____

**NUCLEAR MEDICATION STRESS TEST (MYOVIEV OR PET SCAN)
(LEXISCAN OR ADENOSINE)**

HOW DO I PREPARE FOR MY TEST?

1. **No caffeine for 24 hrs. prior to the procedure.** This includes coffee, decaffeinated beverages, chocolate, tea, soda and certain migraine medications (Excedrin, Anacin, Fiorcet, and Fiorinal).
2. You may eat a light breakfast **1-2 hrs.** prior to the procedure. As an example, toast, cereal or oatmeal would be acceptable. If you are diabetic, you may eat a small meal and take your regular diabetic medications.
3. Drink plenty of water at any time prior to the procedure. We encourage drinking water throughout the morning and during the test. This will help you from becoming dehydrated.
4. Do not take any of the following medications **48 hrs.** prior to the procedure: Pentoxifyllin, Theolair, Theo-24, Theophylline, Respid, Trental, Slo-Bid, Theo-dur, Uniphyl, Aggrenox, Persantine, or Dipyridamole.
5. No nitroglycerine or nitrates the **day of the test.** This includes the nitro patch, sublingual pills, spray or any other form of nitroglycerine (for example: Isosorbide and Nitrobid).
6. You may take any other medications that are not listed above.
7. If you use inhalers, please bring them with you.
8. You should wear loose, comfortable clothing. If you tend to get cold, please bring a sweater or jacket with you. A two piece outfit is suggested for better access to your arms and chest. Wear tennis shoes (**no heels**) to walk on treadmill, if necessary.
9. The total time for the nuclear stress test is 3 hours and 1.5 hours for a PET scan.

Note: If you are more than 30 minutes late, expect for your procedure to be rescheduled.

**FOR QUESTIONS, CALL JACKSON HEART NUCLEAR DEPARTMENT
JACKSON OFFICE: 601-982-7850, EXT. 152
(NUCLEAR DEPT. IS ON THE 5TH FLOOR)
MADISON OFFICE: 601-853-8814**