



PATIENT NAME/ACCT# _____
JHC PHYSICIAN: _____ DATE/TIME: _____

PET HEART SCAN PREP INFORMATION (LEXISCAN)

Note: *Please arrive **at least 15 minutes early** for your appointment. If you arrive after your scheduled appointment time, for any reason, expect for your appointment to be rescheduled.*

HOW DO I PREPARE FOR MY TEST?

- 1. NO CAFFIENE FOR 24 HOURS PRIOR TO THE PROCEDURE.** This includes coffee, tea, decaffeinated coffee or tea, chocolate, soda and certain migraine medications including excedrin, anacin, fiorcet, and fiorinal.
- 2.** You may eat a light meal **6 hours** prior to the procedure. As an example: toast, cereal or oatmeal. If you are diabetic, you may eat a small meal and take your regular diabetic medications.
- 3.** Drink plenty of water the morning of the procedure. We encourage drinking water throughout the morning. This will help you from becoming dehydrated.
- 4.** Do not take any of the following medications **48 hours** prior to the procedure: pentoxifyllin, theolair, theo-24, theophylline, respid, trental, slo-bid, theo-dur, uniphyl, aggrenox, persantine, and dipyridamole.
- 5.** No nitroglycerine or nitrates the **day of the test**. This includes the nitro patch, sublingual pills, spray or any other form of nitroglycerine (for example: isosorbide and nitrobid).
- 6.** You may take your medications that are not listed above. If you will need any anxiety or pain medications for the scan, please bring them with you.
- 7.** If you use inhalers, please bring them with you.
- 8.** You should wear loose, comfortable clothing. If you tend to get cold, please wear a long sleeve shirt. A two piece outfit is suggested for better access to your arms and chest.
- 9.** Male patients may want to shave their own chests for EKG lead placement, if needed. Otherwise, a dry shave will be required in the clinic on the day of the test.
- 10.** The PET procedure is 1.5 hours.

FOR QUESTIONS CONTACT: IMAGING DEPARTMENT- 601 982-7850, EXT. 152