

What is a calcium score?



A cardiac calcium score is a screening tool that measures how much calcified plaque is present in the heart arteries of an individual. There is a direct correlation between the amount of calcium in these arteries and the likelihood of a future cardiac event such as heart attack or stroke.

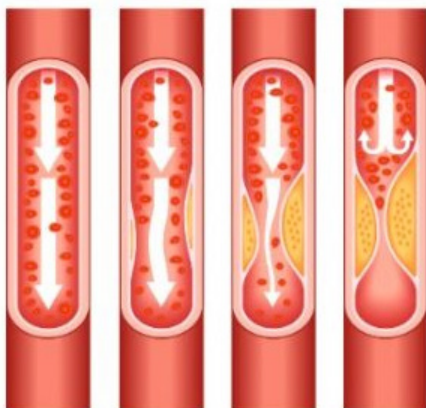


Testing is done through a CT scan of the heart.



It's most helpful when there is risk of developing heart disease.

What do the results mean?



You'll get a numerical score that shows the amount of calcium present.

The more calcium in the arteries, the greater your risk of a heart attack or stroke.

No Calcium = A Score of **0**

Depending on the results, our team may discuss:



Symptoms at rest and with activity



Changes in your medications



Lifestyle changes, like diet and exercise



Follow-up visits and/or additional testing

*American College of Cardiology

Interested in scheduling or have questions?

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